

Open the Light

*For God, who commanded the light
to shine out of darkness,
hath shined in our hearts,
to give the light of the knowledge
of the glory of God
in the face of Jesus Christ.
2 Corinthians 4:6*

*Character Building
In A Relationship with God*

*He that believeth on me, as **the scripture hath said**, out
of his belly shall flow rivers of living water. John 7:38*

Study 3

Please carefully pace your way through the study, no need to rush, do as much as time allows each day.

The Holy Spirit, The Fruit of The Holy Spirit, and the Armour of God.

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance: against such there is no law.
Galatians 5:22-23

Before opening God's word, pray, ask God for the Holy Spirit to guide you and to bless you with understanding in the Name of our Lord and Saviour, Jesus Christ.

The Holy Spirit.

The first time we read about the Spirit of God is in Genesis 1:2, at the very beginning of Creation. The very last time you read of the Spirit in the Scriptures is in Revelation 22:17 in the last book of the Bible. Please look these verses up and read them for yourself from your Bible.

In the scriptures there are additional names to describe the Holy Spirit. These names help us to understand how the Holy Spirit works in our life through Christ Jesus. Some of these names are: - Spirit of God, Water, Laver, Fire, Cloud, in which you will find them in the Old Testament books of Genesis and Exodus. In the study of "The Potter" we learnt that one of those names was Water, and how the Water played an important role in remolding us into a perfect vessel of Christ. Read the following scriptures given and write down the names you find that describes the Holy Spirit and the role the Holy Spirit has in our life.

Read John 14:13 to 31; 15:26; 16:7-16; Acts 10:43-48.

We also learnt in the study of "The Potter" that God is longing to remold us. The Holy Spirit is a gift from our Heavenly Saviour Jesus Christ that "He may abide with you for ever;" John 14:16. The Holy Spirit "shall teach you all things and bring all things to your remembrance," verse 26 of John 14. Chapters 14-16, in the book of John, teach that the Holy Spirit will guide us through the Scriptures, teaching us all things, that we may understand God's Word, The Holy Bible. Yet, not only in teaching, but The Holy Spirit will also guide us through life, whether it be in time of trial, or peace, in the way we should walk while comforting us along the way, all in the name of Christ Jesus.

God desires us to have Holiness, comfort, and peace, in which we can only receive of the Holy Spirit - The Comforter, the Spirit of Truth, The Holy Ghost, Peace, through Jesus, God's beloved Son. Jesus gifted us the Holy Spirit that "He may abide with you for ever;" John 14:16, Read also verses 15 to 21 again.

"But the wisdom that is from above is first pure, then peaceable, gentle, and easy to be entreated, full of mercy and good fruits, without partiality, and without hypocrisy. And the fruit of righteousness is sown in peace of them that make peace." James 3:17 & 18.

When we are Christ's, whether we be alive or asleep in the grave, when He comes the second time: We need to be filled with the Holy Spirit. It is important to understand; that we are filled with the Spirit of God, through

Open the Light

Christ Jesus, as it is written, “But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you.” [Romans 8:11](#).

The Holy Spirit, the Spirit that “raised up Jesus from the dead” is also known as Living Water. Jesus answered (the woman at Jacobs Well) and said unto her, If thou knewest the gift of God, and who it is that saith to thee, Give me to drink; thou wouldest have asked of him, and he would have given thee living water. [John 4:10](#). This is the same precept as [Luke 11:13](#) ... how much more shall your heavenly Father give the Holy Spirit to them that ask him? The Holy Spirit is the Living Water, it is in the same precept of [Romans 8:11](#). Without the living water we cannot and will not be able to enter Heaven. Note these same precepts. We see the Living Water at the Time of the Crossing of the Red Sea, in [Exodus 14](#), and again in [Exodus 30:17-21](#), please read it from your KJV Bible along with [1 Peter 2:4, 5, 9](#); [Revelation 1:6](#). The same precept again in [Revelation 22:17](#), “And the Spirit and the bride say, Come. And let him that heareth say, Come. And let him that is athirst come. And whosoever will, let him take the water of life freely.” And within the same precept in [Ephesians 4:30](#), “And grieve not the holy Spirit of God, whereby ye are sealed unto the day of redemption.” The same Precept here, Follow peace with all men, and holiness, without which no man shall see the Lord: [Hebrews 12:14](#). (Snip-bits taken from the Book “Thy way oh God is in the Sanctuary” from, [Open the Light Studies](#) web site.)

The Spirit that was in Christ Jesus, is the Holy Spirit of God, which was given to us by Jesus. God is willing to give the Holy Spirit to all those that would ask of Him, in Jesus’ name. The Holy Spirit comforts, teaches, and brings all things to memory of what is written in the Word. The Holy Spirit will testify Christ. Note [John 14:26, 27](#), But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you. Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid. And [John 15:26](#), But when the Comforter is come, whom I will send unto you from the Father, even the Spirit of truth, which proceedeth from the Father, he shall testify of me: ...

The Holy Spirit has fruit that has “no law against it”. Let us find out what this fruit is, by reading [Galatians 5:22 to 24](#).

Write each part of the Fruit down, in order, on the lines below, placing each part of the Fruit on a new line.

Pray at the end of your study time with God. Ask of God for the Holy Spirit to guide you and to teach you in the understanding of His Word. Remember to ask God for the Holy spirit to Guide you, through Christ Jesus, in your daily walk with Him. Pray for others, always asking in the Name of our Lord and Saviour, Jesus Christ.

Before opening God’s word, pray, ask God for the Holy Spirit to guide you and to bless you with understanding in the Name of our Lord and Saviour, Jesus Christ.

Looking at the part of this fruit of Love

The Fruit of the Spirit is “[Love](#), Joy, Peace, Long-suffering, Gentleness, Goodness, Faith, Meekness, and Temperance.” [Galatians 5:22 to 24](#)

Open the Light

Being filled with the fruits of righteousness, which are by Jesus Christ, unto the glory and praise of God. [Philippians 1:11](#)

Read [John 3:16 & 17](#) regarding the Love of God.

God our Heavenly Father, His Son Jesus our Lord and Saviour, and Holy Spirit, are one. They work together, in love, for all who have ever lived. This Love is a love of freedom. Freedom that comes with choice. We make the choice by choosing to walk with God or not. Yet, God loves us so much that He sent His Son to die for us, that we may abide with Him for eternity. However, God went ahead with giving of His Son knowing that many would reject Him.

Prayerfully read the following scripture provided below. The reading is from [1 John 4:7-21](#). Listen to all the words and take note of the words in bold print.

Beloved, let us love one another: **for love is of God**; and every one that loveth is born of God, and knoweth God. He that loveth not knoweth not God; **for God is love**. In this was manifested the love of God toward us, because that God sent his only begotten Son into the world, that we might live through him. Herein is love, not that we loved God, but that **he loved us**, and sent his Son to be the propitiation for our sins. Beloved, **if God so loved us**, we **ought also to love one another**. No man hath seen God at any time. If we love one another, God dwelleth in us, and his love is perfected in us. Hereby know we that we dwell in him, and he in us, because **he hath given us of his Spirit**. And we have seen and do testify that the Father sent the Son to be the Saviour of the world. Whosoever shall confess that Jesus is the Son of God, God dwelleth in him, and he in God. And we have known and believed the love that God hath to us. **God is love**; and he that dwelleth in love dwelleth in God, and God in him. Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world. There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love. We love him, because **he first loved us**. If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God

whom he hath not seen? And this commandment have we from him, That he who loveth God love his brother also. [1 John 4:7-21](#)

Look up [1 John chapter 4](#), look at verses 8 and 16. What does it say that God is?

Look at verses 16 & 17, How is our love made perfect?

[Romans 5:1-6](#), teaches us the Fruit of the Spirit working in us, with God, Son, and Holy Spirit; They are all involved in our lives.

Please read [Romans 5:1-6](#).

You may like to mark any of the verses or scripture readings in your Bible. See the Introduction study on the same page this lesson was found. In the Introduction Study it shows how to mark scriptures in your Bible. You may like to mark the Bible verses or readings given, in your Bible throughout the studies as you are moved in heart by the Holy Spirit.

Remember to Pray at the end of your study time with God, asking Him to reshape you with the fruit of the Holy Spirit, in His love that we may love one another. Remember to pray for others. Thank God for His Love for you.

Remember, before opening God's word, pray, asking of God, for the Holy Spirit to guide you into His love, in the Name of our Lord and Saviour Jesus Christ.

Look up in your Bible [1 Corinthians Chapter 13](#) which is known as the Love Chapter. In the King James Version, the word charity is used, meaning for love – affection or (benevolence - acts of kindness, liking to do good. (Reference from Strong's Concordance)

Love in action.

Open the Light

Open your Bible to 1 Corinthians 13:1-8 and verse 13, this reading is supplied below.

Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or a tinkling cymbal. And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove mountains, and have not charity, I am nothing. And though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not charity, it profiteth me nothing. Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil; Rejoiceth not in iniquity, but rejoiceth in the truth; Beareth all things, believeth all things, hopeth all things, endureth all things. Charity never faileth: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away. ... And now abideth faith, hope, charity, these three; but the greatest of these is charity. [1 Corinthians 13:1-8, 13.](#)

We have learnt that “**God is love**”, from [1 John 4:7-21](#). Beloved, let us love one another: **for love is of God**; and **every one that loveth is born of God**, and **knoweth God**. He that loveth not knoweth not God; **for God is love**, Verse 7. [Both 1 John 4:7-21 and 1 Corinthians 13 helps us to see that without God/Love, we are nothing. See verse 2 of 1 Corinthians 13. “for God is love” John 4:7. To have this kind of love we must know God first. To know and love God, we must spend time with Him in His word and in prayer, opening your heart to Him. Your love for others shows that God is in you. You cannot have God without love, neither can you have true love without God. For Love, can never be true, God giving love, without Him.](#)

“If we love one another, God dwelleth in us, and his love is perfected in us. Hereby know we that we dwell in him, and he in us, because **he hath given us of his Spirit**,” [1 John 4:12-13](#). The Fruit of the Holy Spirit is of God, love being the first Fruit. “... God is love ...” and “... the greatest of these is charity...” “Charity” Means Love. Therefore, it is God that is the Greatest. Jesus said, “... for my Father is greater than I.” [John 14:28](#). Here we see God as the Greatest, “for God is love” they are the same precept.

“And Jesus answered him, The first of all the commandments is, Hear, O Israel; The Lord our God is one Lord: And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment. And the second is like, namely this, Thou shalt love thy neighbour as thyself. **There is none other commandment greater than these.** [Mark 12:29-31.](#)

[God is Love, Jesus is Love and The Holy Spirit is love. They all have the same Fruit.](#)

Who shall separate us from the love of Christ? shall tribulation, or distress, or persecution, or famine, or nakedness, or peril, or sword? ... **Nay**, in all these things we are more than conquerors through him that loved us. **For I am persuaded**, that neither death, **nor** life, **nor** angels, **nor** principalities, **nor** powers, **nor** things present, **nor** things to come, **Nor** height, **nor** depth, **nor** any other creature, **shall be able to separate us from the love of God, which is in Christ Jesus our Lord.** [Romans 8:35, 37-39](#)

And we have seen and do testify that the Father sent the Son to be the Saviour of the world. Whosoever shall confess that Jesus is the Son of God, God dwelleth in him, and he in God. And **we have known and believed the love that God hath to us. God is love**; and **he that dwelleth in love dwelleth in God**, and **God in him**. Herein is our love made perfect, that we may have boldness in the day of judgment: because as he is, so are we in this world. There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love. We love him, because he first loved us. If a man say, I love God, and hateth his brother, he is a liar: for he that loveth not his brother whom he hath seen, how can he love God whom he hath not seen? And this commandment have we from him, That he who loveth God love his brother also.

[1 John 4:14-21](#)

When you pray, ask God to come into your heart, to lead you to Him, In His love, that His love may dwell in your heart. Ask for the Holy Spirit to guide you through the day and remember to pray for others in God's love. Pray for your needs, always asking in Jesus Holy Name.

Open the Light

Looking at the fruit of Joy and Peace

We are learning about The Fruit of the Spirit, which is, “Love, Joy, Peace, Long-suffering, Gentleness, Goodness, Faith, Meekness, and Temperance.” Galatians 5:22 to 24

Being filled with the fruits of righteousness, which are by Jesus Christ, unto the glory and praise of God. Philippians 1:11

God wants us to have joy and peace. Jesus left us Peace, and if we love Him, we will rejoice, because He said, he goes to the Father who is greater than He, to prepare a place for us. See John 14:1-3; 27-28

Look up the following verses and write them down below or in a notebook or on a piece of paper.

Romans 14:17

Romans 15:13

Jeremiah 29:11

Isaiah 29:19

John 14:27-28

Peace I leave with you, my **peace** I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid. Ye

Open the Light

have heard how I said unto you, I go away, and come again unto you. If ye loved me, ye would rejoice, because I said, I go unto the Father: for my Father is greater than I.

God, His Son, and Holy Spirit, only have thoughts of peace towards everyone that has ever lived, with those who are alive today and those who will live in times to come. Only Gods Love can give Peace, and we only know this Love by knowing God. Not as the world gives, but a peace that only God can give. “The peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.” [Philippians 4:7](#). “Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost.” [Romans 15:13](#)

Looking at the fruit of Long-suffering

You have been learning about The Fruit of the Spirit, the Holy Spirit, which is Love, Joy, Peace, Long-suffering, Gentleness, Goodness, Faith, Meekness, and Temperance. [Galatians 5:22 to 24](#)

Being filled with the fruits of righteousness, which are by Jesus Christ, unto the glory and praise of God. [Philippians 1:11](#)

Now we are going to look at Longsuffering. Longsuffering means **forbearance** – tolerance, patience. **Fortitude** – courage in adversity or pain. (References from the Strong’s Concordance and Collins Dictionary)

God is longsuffering toward us. When we walk with God, we walk in His Spirit, we bear His fruit, “But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance: against such there is no law. And they that are Christ's have crucified the flesh with the affections and lusts. If we live in the Spirit, let us also walk in the Spirit.” [Galatians 5:22 to 25](#).

Look up these verses, then right down the character of God, what is He like? Do this with each of the verses given below.

[Exodus 34:6-7](#)

[Numbers 14:18](#)

[Psalms 86:15](#)

[2 Peter 3:9](#)

And account that the longsuffering of our Lord is salvation; ... [2 Peter 3:15a](#)

Or despisest thou the riches of his goodness and forbearance and longsuffering; not knowing that the goodness of God leadeth thee to repentance? [Romans 2:4](#)

Open the Light

Read the following.

And the grace of our Lord was exceeding abundant with faith and love which is in Christ Jesus. This is a faithful saying, and worthy of all acceptation, that Christ Jesus came into the world to save sinners; of whom I am chief. **Howbeit for this cause I obtained mercy, that in me first Jesus Christ might show forth all longsuffering, for a pattern to them which should hereafter believe on him to life everlasting.** Now unto the King eternal, immortal, invisible, the only wise God, be honour and glory for ever and ever. Amen.

1 Timothy 1:14-17

Go over verse 16, which is in the above Reading, in bold. Think about how Christ has shown longsuffering and what does it mean that it is “for a pattern”?

We are called to “walk worthy of the vocation wherewith ye are called” Ephesians 4:1, bearing the same character of God. Read the following verses which teach us to walk worthy.

I therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called, With all lowliness and meekness, with longsuffering, forbearing one another in love; Endeavouring to keep the unity of the Spirit in the bond of peace. [Ephesians 4:1-3](#)

That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God; Strengthened with all might, according to his glorious power, unto all patience and longsuffering with joyfulness; Giving thanks unto the Father, which hath made us meet to be partakers of the inheritance of the saints in light: Who hath delivered us from the power of darkness, and hath translated us into the kingdom of his

dear Son: In whom we have redemption through his blood, even the forgiveness of sins: [Colossians 1:10-14](#)

Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. And above all these things put on charity, which is the bond of perfectness. [Colossians 3:12-14](#)

But that on the good ground are they, which in an honest and good heart, having heard the word, keep it, and bring forth fruit with patience. [Luke 8:15](#)
The good seed of the Sower, good seed = those that obey the word of God.

When you pray, thank God for His Love for you and ask God to reshape you with His Spirit of love, joy, peace, and longsuffering in your heart and mind through Christ Jesus that you will be a good vessel for His Heavenly Kingdom. Remember to pray for others and their needs, In Jesus Holy Name.

Remember, before opening God's word, say prayer asking God for the Holy Spirit to guide you and lead you in your studies with Him in the Name of our Blessed Saviour Jesus Christ.

Looking at the fruit of Gentleness and Goodness

Continuing going through The Fruit of the Spirit, which is Love, Joy, Peace, Long-suffering, Gentleness, Goodness, Faith, Meekness, and Temperance. [Galatians 5:22 to 24](#)

Being filled with the fruits of righteousness, which are by Jesus Christ, unto the glory and praise of God. [Philippians 1:11](#)

Gentleness means *usefulness*, that is, moral *excellence* (in character or demeanour (-the way a person behaves towards others)): - gentleness, good (-ness), kindness.

(References from the Strong's Concordance)

Open the Light

In the Bible, King David gave God praise for His Goodness toward him. An example of what we ought to do, along with having the same gentleness and goodness of spirit.

Look up the following verses and write them down below or write the verses out on paper or in a notebook.

2 Samuel 22:36

Psalms 18:35

Romans 2:4

Now I Paul myself beseech you by the meekness and gentleness of Christ, who in presence am base among you, but being absent am bold toward you: 2 Corinthians 10:1. Paul beseeched (call, invite, (be of good) comfort) the Corinthians “by the meekness and gentleness of Christ”. Meaning he had invited them by the character of Christ.

As we learn more about love, Joy, Peace, Long-suffering, Gentleness, Goodness, Faith, Meekness, and Temperance, which is the Fruit of the Spirit that has no law against it. We are learning that the Fruit is also of Christ Jesus our Lord and Saviour, God our Heavenly Father, as it is of the Holy Spirit. See how They are One, not only in Family, but character. They are the same; They are One, yet Three, each having a roll in our lives for eternity. When we allow the Holy Spirit into our lives through Jesus, we are allowing the Holy Spirit to change us. His seed is growing into fruit of character that is of God our Heavenly Father and Jesus our Lord and Saviour. The Heavenly Father in His gentleness, with The Holy Spirit, is working in us through Christ Jesus changing our marred life, re-molding us into good Vessels for His Heavenly Kingdom.

Read 1 John Chapter 5. Can you see how the Three, “the Father, the Word (Jesus), and the Holy Ghost (Spirit): ... are one.” Verse 7. Write down the verses where you see Father, Son, and Holy Spirit, working together for us. Also write down the roles They have in our lives.

Open the Light

For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope. Now the God of patience and consolation grant you to be likeminded one toward another according to Christ Jesus: That ye may with one mind and one mouth glorify God, even the Father of our Lord Jesus Christ. Wherefore receive ye one another, as Christ also received us to the glory of God. [Romans 15:4-7](#)

Because thou hast kept the word of my patience, I also will keep thee from the hour of temptation, which shall come upon all the world, to try them that dwell upon the earth. [Revelations 3:10](#)

Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus. And I heard a voice from heaven saying unto me, Write, Blessed are the dead which die in the Lord from henceforth: Yea, saith the Spirit, that they may rest from their labours; and their works do follow them. [Revelations 14:12-13](#)

Also read [2 Peter 1:1-8](#)

Goodness means goodness, that is, virtue or beneficence (-¹ the act of doing good; kindness. ² a charitable act or gift): - goodness.
(References from the Strong's concordance and Collins Dictionary)

The best kind of goodness is when it is done in secret. This is where it is kept hidden, or separate, from the knowledge of others. This way it is God who only sees what you have done.

“But when thou doest alms, let not thy left hand know what thy right hand doeth: That thine alms may be in secret: and thy Father which seeth in secret himself shall reward thee openly. [Matthew 6:3-4](#)

Alms means (*compassionateness*, that is, (as exercised towards the poor) *beneficence* (-¹ the act of doing good; kindness. ² a charitable act or gift), or (concretely): - alms (-deeds).
(References from the Strong's concordance and Collins Dictionary)

Read [Matthew 25:35-40](#), which shows us when we have done alms for others, who we really doing them to.

Read the following verses and the words that teach us of God's Character or write them out on paper or in a notebook.

[Exodus 34:6](#)

And the LORD passed by before him, and proclaimed, The LORD, The LORD God, merciful and gracious, longsuffering, and abundant in goodness and truth,

[Psalms 107:8, 15, 21, 31](#)

Oh that men would praise the LORD for his goodness, and for his wonderful works to the children of men!

The Word of God reveals to us the spirit of His character. God wants us as to have the same character with in us as well.

Look up and read the following verses below.

[2 Thessalonians 1:11-12.](#)

[Ephesians 5:8-21.](#)

Can you see that God truly wants you to have the same Character, the same fruit that is within Him and His Son, and Holy Spirit?

Open the Light

Looking at the fruit of Faith

The Fruit of the Spirit, which is of the Holy Spirit, is Love, Joy, Peace, Long-suffering, Gentleness, Goodness, Faith, Meekness, and Temperance. Galatians 5:22 to 24.

Being filled with the fruits of righteousness, which are by Jesus Christ, unto the glory and praise of God. [Philippians 1:11](#)

Faith is a Fruit of the Spirit. But what is Faith?

From the Strong's concordance of the Bible,
Moral *conviction* (of *religious* truth, or the truthfulness of God or a religious teacher), especially *reliance* upon Christ for salvation; abstractly *constancy* in such profession; by extension the system of religious (Gospel) *truth* itself: - assurance, belief, believe, faith, fidelity.

From the Collins Dictionary

Faith is a strong or unshakable belief in something, especially without proof or evidence.

From the KJV Bible in Hebrews 11:1 "Now faith is the substance of things hoped for, the evidence of things not seen."

(References from the Strong's Concordance, Collins Dictionary and King James Bible)

To have faith in anything, you must believe what you have faith in, that it is true.

The word Faith is mentioned 247 times in the Bible so we cannot look at them all. Open your Bibles and read Hebrews 11:1-40; 12:1-2. I call this Chapter, the By Faith Chapter. This Chapter will open the light of what Faith is and how it works in us to those who believe and have Faith in God our Heavenly Father, Son of God Jesus our Lord and Saviour, and the Holy Spirit our

Comforter and Guide. Before Reading Hebrews 11:1-40; 12:1-2; *Prey for the Holy Spirit to open your understanding of these blessed words.*

Looking unto Jesus the author and finisher of our faith; who for the joy that was set before him endured the cross, despising the shame, and is set down at the right hand of the throne of God. [Hebrews 12:2](#)

Genuine faith perseveres – keeps trying despite difficulties, to the end. True faith always remains to believe in the truth. Jesus is "the author" - meaning the beginner, originator, and "finisher" – meaning perfecter "of our Faith". "I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing". [John 15:5](#)

Therefore being justified by faith, we have peace with God through our Lord Jesus Christ: By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God. And not only so, but we glory in tribulations also: knowing that tribulation worketh patience; And patience, experience; and experience, hope: And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us. [Romans 5:1-5](#)

When you pray, ask God to guide you in His love that your faith will be perfected in Him, and ask for the Holy Spirit to be your guide through the day and remember to pray for others in God's love and then your needs, praying always in the name of Jesus our Lord and Saviour.

At the start of your Study time with God, before opening God's word, remember to pray, asking God for the Holy Spirit to guide you in the Name of our Blessed Lord and Saviour, Jesus Christ.

Faith in Action

Read Mark 5:21-43.

Open the Light

In verse 22, Jairus comes to Jesus, falls at His feet, and prays for Him to come and lay his hands on his daughter. Jairus must have had faith – belief that Jesus could heal his daughter, for him to go to Jesus for healing.

In verse 27 and 28, the woman must have heard about Jesus, because she came to Him and acted out her faith in Him to heal her. She had to of believed in what she had heard regarding Jesus, that it was true. And in verse 34 Jesus confirms that it was her faith that made her whole.

In verse 36, Jesus tells Jairus “be not afraid only believe”, Jesus is asking Jairus to have faith in Him regardless of the news that was told to him in verse 35. Jairus has just witnessed that it was the faith of the woman that made her whole. Jesus is asking Jairus to have faith in Him in the light of the truth he had heard and witnessed.

Re-read Mark 5:21-43; *Pray before reading and ask God for the Holy Spirit to open your eyes to see the blessed messages in this reading.* Take note of how faith moved the woman and Jairus. See verses 33 and 34, note how, “the woman fearing and trembling”, “knowing what was done in her”, came to Jesus, and how Jesus talks to her with gentleness, by calling her “Daughter,” showing love and compassion towards her with this endearing, and gentle word.

Write down your notes/what you have learned from this reading.

Come to the feet of Jesus knowing what He has done for you and praise Him for this blessing.

Lacking Faith

Read Mark 9:14-29 to get a background of the verses that we are about to look at regarding faith.

In verses 23 and 24, where Jesus said to the father, “If thou canst believe, all things are possible to him that believeth.” What was the response of the father? See verse 24 and write down the father’s response to Jesus.

In our walk with Jesus, we may need to pray this prayer, “Lord, I believe; help thou mine unbelief.”

Pray now, “Lord, I believe; help thou mine unbelief.” Ask God to build your faith in Him and remember to pray for others in God’s love, for they need help too, in Jesus Holy Name.

Jesus gave us His Word, The Holy Scriptures, that we may have faith and believe in Him. In the following reading, concentrate on Jesus’ spoken words. Note how He always used words that helped the hearers, to help build the faith of the people, and to encourage them to believe in Him. Also, notice the heartfelt love and suffering of Jesus, because of the lack of faith, to the point of shedding tears. Read all of John 11:1-45.

Oh, how He loves and cares for us.

Write down the words Jesus used to build their faith in Him, on the lines below. Re-read the words of Jesus in red, from your Bible. Note verses 4, 11, 15, 23, 25 & 26, 40-42, 44, for the answers of the words Jesus used.

Open the Light

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. For God sent not his Son into the world to condemn the world; but that the world through him might be saved. [John 3:16 & 17](#)

Have faith, and believe in The Word of God, the Holy Bible. Have faith in God's Son, as the scriptures teaches us that, "whosoever believeth in him should not perish, but have everlasting life".

The word Believe, is not just of thought that has no impact on you or your life. It is a word that comes with great change and choice. The word "Believeth," is a word of acting faith. To truly believe, means that we will choose to turn away from our ways, and character, and turn to the way of Christ, where we grow into His Character.

And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ. Faithful is he that calleth you, who also will do it. [1 Thessalonians 5:23, 24.](#)

For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the

joints and marrow, and is a discerner of the thoughts and intents of the heart. [Hebrews 4:12](#)

And we know that the Son of God is come, and hath given us an understanding, that we may know him that is true, and we are in him that is true, even in his Son Jesus Christ. This is the true God, and eternal life. [1 John 5:20](#)

For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek. For therein is the righteousness of God revealed from faith to faith: as it is written, The just shall live by faith. [Romans 1:16, 17.](#)

Pray for the LORD God to keep you and help you grow in His Truth, that your faith in Him will grow stronger every day. Remember Faith is Believing in the Word of God at His Word. Even the righteousness of God which is by faith of Jesus Christ unto all and upon all them that believe: for there is no difference: [Romans 3:22.](#)

Looking at the fruit of Meekness and Temperance

Continuing going through The Fruit of the Spirit, which is Love, Joy, Peace, Long-suffering, Gentleness, Goodness, Faith, Meekness, and Temperance. [Galatians 5:22 to 24](#)

Being filled with the fruits of righteousness, which are by Jesus Christ, unto the glory and praise of God. [Philippians 1:11](#)

Meek ness means - gentleness; by implication humility: - meekness.
(References from the Strong's Concordance)

Look up the following verses and fill in the blanks. Or write the verses out on paper, or in a notebook, then underline the missing words.

[1Corinthians 4:21](#)

Open the Light

What will ye? shall I come unto you with a rod, or _____ love, and in the _____ of meekness?

Ephesians 4:2

With _____ lowliness and meekness, with longsuffering, forbearing one another _____ love;

Colossians 3:12

Put _____ therefore, _____ the elect of God, holy and beloved, bowels of mercies, kindness, humbleness _____ mind, meekness, longsuffering;

1 Timothy 6: 10 & 11

For the love of money is the _____ of _____ evil: which while some _____ after, they have erred from _____ faith, and pierced themselves through with many sorrows. But thou, O man _____ God, flee these things; and follow _____ righteousness, godliness, faith, love, patience, meekness.

2 Timothy 2:25

_____ meekness instructing those that oppose themselves; if God peradventure will _____ them repentance to the acknowledging _____ the truth;

Titus 3:2

To speak evil of _____ man, to be _____ brawlers, _____ gentle, showing _____ meekness unto _____ men.

James 1:21

Wherefore lay apart _____ filthiness and superfluity _____ naughtiness, and receive _____ meekness the engrafted word, which _____ able to save your souls.

James 3:13

Who _____ a wise man and endued with knowledge among you? let him _____ out of a _____ conversation his works with meekness _____ wisdom.

1 Peter 3:15

But sanctify _____ Lord God _____ your hearts: and _____ ready always to give an answer _____ every man that asketh you a reason _____ the hope that is in you _____ meekness and fear:

Temperance means - self-control (especially continence): - temperance. Restraint or moderation, especially in yielding to one's appetites or desires (References from the Strong's Concordance and Collins Dictionary)

And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge; And to knowledge temperance; and to temperance patience; and to patience godliness; And to godliness brotherly kindness; and to brotherly kindness charity. For if these things be in you, and abound, they make you that ye shall neither be barren nor unfruitful in the knowledge of our Lord Jesus Christ. 2 Peter 1:5-8

Read Galatians 5:22 to 24.

Earlier in this study we learned that we are called to “walk worthy of the vocation wherewith ye are called” bearing the same character of God.

Look up and read.

Ephesians 4:1-3,
Colossians 1:10-14

Open the Light

Colossians 3:12-14.

We should understand by now that God, our Holy Father in Heaven, Jesus our Lord and Saviour, and the Holy Spirit, all have the same character, they all bear the same Fruit. The Fruit of the Spirit, which is Love, Joy, Peace, Long-suffering, Gentleness, Goodness, Faith, Meekness, and Temperance, can be in us. If we believe God's word and walk in His ways, His Holy Spirit will dwell in you and His Fruit will be in you. "Now the Lord is that Spirit: and where the Spirit of the Lord is, there is liberty. But we all, with open face beholding as in a glass the glory of the Lord, are changed into the same image from glory to glory, even as by the Spirit of the Lord". 2 Corinthians 3:17-18.

Look up Romans 8:9-17 in your Bible and re-read these verses. Pray for the Holy Spirit, that the Spirit of God will Guide you in understanding these wonderful Words of God.

Always remember before opening God's word, say prayer, asking of God for the Holy Spirit to guide you and to bless you with understanding in the Name of our Lord and Saviour, Jesus Christ.

Choice

We have a choice. We can live with the Holy Spirit in us or reject it. But we know the Holy Spirit has fruit that will mold you to be a good vessel for God's Heavenly Kingdom. So, what happens when we reject the seed of the Holy Spirit? What kind of fruit will we reap? For the Bible reads in Galatians 6:7 "for whatsoever a man soweth, that shall he also reap. What does this mean? Verse 8 of Galatians 6 reads "For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting."

There are only two ways we can walk in life. One, is in the Spirit of God, given to us by Christ Jesus. The Spirit is, the Holy Spirit. The other way is, in the lust of sinful nature, which is strong desires of the flesh. Read Romans chapter 8.

In Galatians 5:16-26 we read about the two kinds of fruit that we will reap. This is pending on the way you choose to walk.

Now read Galatians 5:16-26. Also read all of Romans chapter 1

The works or fruit of the flesh only brings destruction in our lives and others around us, and "they which do such things shall not inherit the kingdom of God" Verse 21 in Galatians 5. "Who knowing the judgment of God, that they which commit such things are worthy of death, not only do the same, but have pleasure in them that do them" Romans 1:32. Knowing these things, why would we want to walk any other way other than with the love of Jesus with His Holy Spirit in us? "If we live in the Spirit, let us also walk in the Spirit" Galatians 5:25. But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his. And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness. But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you. Romans 8:9-11

Without God's Spirit in us there is no life everlasting. "But he that soweth to the Spirit shall of the Spirit reap life everlasting." Galatians 6:8.

"Choose you this day whom ye will serve" Joshua 24: 15. I call heaven and earth to record this day against you, that I have set before you life and death, blessing and cursing: **therefore choose life**, that both thou and thy seed may live: Deuteronomy 30:19. Hear instruction, and be wise, and refuse it not. Blessed is the man that heareth me, watching daily at my gates, waiting at the posts of my doors. For whoso findeth me findeth life, and shall obtain favour of the LORD. But he that sinneth against me wrongeth his own soul: all they that hate me love death. Proverbs 8:33-36

I pray God that we all will choose life in Christ and take on the words of Paul "I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in

Open the Light

me: and the life which I now live in the flesh I live by the faith of the Son of God, who loved me, and gave himself for me. [Galatians 2:20](#).

Pray, asking God to reshape you with the fruit of the Holy Spirit, that you will be a good vessel for His Heavenly Kingdom. Pray for His Guidance, which will keep you from walking in the way of the flesh, asking to be filled with The Holy Spirit. Remember to pray for others, for they also need the Holy Spirit, as you do. Thank God for His Loving gift of His Holy Spirit, In Jesus. Let your salutation of Prayer always be in the name of Jesus Christ our Lord and Saviour.

Remember, before opening God's word, pray, asking God for the Holy Spirit to guide you in His Word, asking in the Name of our wonderful Saviour, Jesus Christ.

The way of the Believer who chooses to walk in the Spirit of Christ, our Lord and Saviour.

We learned in lesson one, that Gentiles were known in Bible times as not Jewish, not belonging to the people of Jewish nation. It is also used for a people that do not walk in the ways of the Lord, as in worldly, heathen, ungodly, a *race* (as of the same *habit*), that is, a *tribe*; specifically a *foreign* (*non-Jewish*) one (usually by implication *pagan*): - Gentile, heathen, nation, people.

(References from the Strong's Concordance)

For when we were yet without strength, in due time Christ died for the ungodly, Romans 5:6. This includes all nations, kindreds and tongues, all who have ever lived, Gentiles and Jews, "For all have sinned, and come short of the glory of God;" Romans 3:23. So, all people who have ever lived need a Saviour.

The Gentiles, who do not believe in Jesus, live their life as they would. They live their life outside of the Law of God, not doing God's will, but their own. We are called **not** to walk "as other Gentiles do". For we have given our hearts to God, "for ye are the temple of the living God; as God hath said, I

will dwell in them, and walk in them; and I will be their God, and they shall be my people. Wherefore come out from among them, and be ye separate, saith the Lord, and touch not the unclean thing; and I will receive you, And will be a Father unto you, and ye shall be my sons and daughters, saith the Lord Almighty." See [2 Corinthians 6: 14-18](#). If we have learned to walk with Jesus, we would be as though we have heard Him and be as though we were taught by Him, bearing His Fruit, walking in His Spirit, doing His will. "And be renewed in the spirit of your mind; And that ye put on the new man, which after God is created in righteousness and true holiness." [Ephesians 4:23-24](#).

Open your Bible and get ready to read [Ephesians 4:17 to 6:18](#). There is much to take in, pray for the Holy Spirit to give you understanding and read slowly, **do not rush through it**. You may want to **do the reading over two days so you can study, re-read, and take in the scriptures provided for this reading**. Listen to the way of how God is directing us to walk, from the ways of this world to His ways. For we are to "keep the charge of the LORD thy God, to walk in his ways, to keep his statutes, and his commandments, and his judgments, and his testimonies, as it is written in the law of Moses, that thou mayest prosper in all that thou doest, and whithersoever thou turnest thyself: [1 Kings 2:3](#).

Now read and study, [Ephesians 4:17 to 6:18](#).

Pray and ask God to reshape you from the ways of this world to His ways. That you may with the fruit of the Holy Spirit be a good vessel for His Heavenly Kingdom. Pray for His Guidance that you do not walk in the way of flesh, but only in the Spirit of Jesus. Remember to pray for others, for they also need the Holy Spirit, as you do. Thank God for His Loving gift of His Holy Son and Spirit, Praying always in the name of Jesus Christ our Lord and Saviour.

Pray before starting your study time with God.

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance: against such there is no law. And

Open the Light

they that are Christ's have crucified the flesh with the affections and lusts. If we live in the Spirit, let us also walk in the Spirit. [Galatians 5:22-25](#)

[God gives us armour that we may](#) “walk in the Spirit”, “that ye may be able to stand against the wiles of the devil”. [Galatians 5:25; Ephesians 6:11](#).

Wiles = *traveling over, that is, travesty, (trickery): - wile, lie in wait. (= ¹trickery, cunning, or craftiness ²an artful or seductive trick or ploy ³to lure, beguile, or entice)...schemes*

(References from the Strong's Concordance, Collins Dictionary and Nelson King James Study Bible)

What is the armour of God?

Look up Ephesians 6:10-18 and fill in the blanks where the missing words belong. Or simply write the verses out on paper or in a notebook and underline the missing words.

Finally, my brethren, be _____ in the Lord, and in the _____ of his might. Put on the _____, that ye may be able to _____ against the wiles of the devil. For we _____ not against flesh and blood, _____ against principalities, against _____, against the rulers of the darkness of this _____, against spiritual wickedness in _____ places. Wherefore _____ unto you the whole armour of God, that ye may be able to _____ in the evil day, and having done all, to stand. _____ therefore, having your loins girt about with _____, and having on the breastplate of _____; And your feet shod with the preparation of the gospel of _____; Above all, taking the shield of _____, wherewith ye shall be able to quench all the fiery darts of the _____. And take the helmet of _____, and the sword of the _____, which is the word of

_____: Praying always with all prayer and supplication _____ the Spirit, and watching thereunto with _____ perseverance and supplication for _____ saints; [Ephesians 6:10-18](#).

The whole armour of God,

Stand therefore, having your Loins (= waist) girt about with truth.

Why do you think truth is first in the Armour of God, and not any of the others? Think about it for a moment, then write down your thoughts.

One morning in prayer, I was praying for the Armour of God to be my strength in Jesus, throughout the day ahead. When I prayed for my loins to be girted with truth, it suddenly hit me, that, without truth all the other parts are of no effect. It is knowing the truth “that shall make you free,” [John 8:32](#). Jesus said this after he had said, “If ye continue in my word, then are ye my disciples indeed; And ye shall know the truth, and the truth shall make you free.” [John 8:31, 32](#).

Only by a daily continuing with God in the scriptures, and spending time with God in the Word, can we learn of Him, and His Son Jesus, and of the Holy Spirit. This is with a willing heart to learn of His ways, and not the traditions of men, nor our own ways. It is THE TRUTH that is in the center of the Armour. Hence, why we must have our loins girt about with the Truth. We must have that firm attachment and connection, to The Truth, because all the other parts of the armour are connected to the Truth. Therefore, the breastplate of righteousness, which covers the heart and Lungs, can only be in place when we hear and believe in the Truth. Without truth we cannot have a strong hold of the other armour. It is only the Truth, which is Christ Jesus, do we have the rest of the Armour. As “Jesus saith ..., I am the way, the truth, and the life: no man cometh unto the Father, but by me.” [John 14:6](#) He also said “for without me ye can do nothing. [John 15:5](#). Therefore, Truth is the

Open the Light

first and most important part of the Armour of God. We need to “Stand therefore, having your Loins (= waist) girt about with truth. For it was the truth that Jesus used to fight the devil when He had been tempted by him. Jesus withstood the devil, the enemy, by speaking the words, “IT IS WRITTEN”. Then proceeded to quote the scriptures, in truth of the precept. “But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. [Matthew 4:4](#). Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God. [Matthew 4:7](#). Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.” [Matthew 4:10](#). Truth is so important, for it is in Truth, which is in Jesus, we are set free from the world of lies and deceit of the enemy. When tempted, Jesus went straight to the Truth and spoke the scriptures always in the precept of the Word of God. Please read Matthew Chapter 4, verses 1-11. Notice how the Devil used scripture to tempt Jesus. This is why spending time in the Word of God daily is so important because we get to know the truth in the Precepts of God.

Faith comes by hearing, just as [Romans 10:17](#) says, “So then faith cometh by hearing, and hearing by the word of God.” If we are not in The Truth, which is in the Word of God, where is the only place you will find The Truth, we cannot hear of The Truth. We can only have faith in God when we truly believe in His Truth. A broken shield will not protect you from the strongest battles. Therefore, we must have Faith and believe in The Truth, in the precepts of God. Truth is our Strength and Shield in Faith.

We cannot prepare of the gospel of peace, without the Truth because lies do not give peace, only the Truth does. We cannot put on the helmet, the piece of armour that covers the head and the mind, because it will not fit without the Truth, for the Helmet of Salvation only comes with Truth, and in Truth. There can be no sword of the Spirit without Truth, for it is Truth that sent the Spirit. How can we pray in the Spirit, without the Spirit of the Truth? Also, caring for the saints, God’s children, without Truth, is only caring in human strength. True care can never be done to its fullest without Christ, the one that gives us of this gift to care. For in [Philippians 4:13](#), we are told “I can do all things through Christ which strengtheneth me.” Knowing this, we need to

spend time in the Word, to have the Truth, where the Spirit of the Lord is. Without the Truth, we are left unprotected from the enemy. Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. [Ephesians 6:10-13](#).

The Truth is first, yet the rest of the Armour is all connected to the Truth, which makes the Armour whole and complete. Truth is another name for Christ Jesus, as “Jesus saith..., I am the way, the truth, and the life: no man cometh unto the Father, but by me.” [John 14:6](#). The Holy Spirit is of Christ, of Truth, as Jesus said, “Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will show you things to come.” [John 16:13](#)

Stand therefore, having your Loins girt about with truth. For without Truth, Christ Jesus, the rest of God’s Armour cannot be given.

The breastplate of righteousness, which spiritually, protects the heart and lungs that supplies life to the believer. Having the breastplate of righteousness will allow the seeds of Truth to land in the good soil of your heart. Read Matthew Chapter 13.

Feet shod with the preparation of the gospel of peace. We need to prepare for the sharing of the Gospel. Know the truth, by daily study, hold the Truth in our hearts, then choose to live in the Word of Truth. Strong tells us that, Shod means to bind under one’s feet, that is to put on shoe or sandals: - bind on, (Be) shod. Your daily study is preparation of the Gospel of peace; in belief, leads to well binded feet. In the Spirit of God, through Christ, ready to share the Word – The Gospel of Peace, with those we meet and wherever the LORD leads. This could be in your home, out and about, at work, at Church, on your holiday, mission trip, or even at your nigh neighbours.

Open the Light

Above all, taking the shield of faith, that protects us from the attacks of the enemy, and those he uses to try and deceive us. 1 Peter 5:8; John 8:32, 36.

The helmet of salvation, Which protects the mind, that we may daily choose to serve the LORD, where there Spirit give us remembrance of Truth. John 14:26

The sword of the Spirit, which is the word of God. The Word of God holds the Truth; and the Truth, Christ Jesus, has given the Spirit to all that live in Truth and ask of the Father through Him. Luke 11: 13b; John 16:23.

Praying always with all prayer and supplication in the Spirit, is staying always connected to God in prayer through Christ Jesus. Note 1 Thessalonians 5:17; James 5:16.

Watching thereunto with all perseverance and supplication for all saints, in prayer and caring for them in the Fruit of the Spirit and from the Word of God. See Ephesians 4:32; Romans 13:8; 1 John 4:7; 1 Corinthians 12:25.

... Be Strong in the Lord, & in all Power of His Might.
Put on

The Whole Armour of God

That ye may be able to Stand against the Wiles of the Devil. For we wrestle not against Flesh & Blood, But against Principalities, Against Powers, Against the Rulers of Darkness of this World, against Spiritual Wickedness in High Places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

5, ... Take the
Helmet of Salvation,
in the Spirit

7, Praying Always with all
Prayer & Supplication
in the Spirit,

4, Above all, Taking the
Shield of Faith,
Wherewith ye Shall be Able to
Quench all the Fiery Darts
of the Wicked.

2, ... Having on the
Breastplate of
Righteousness

6, Take ... the
Sword of the Spirit,
Which is the
Word of God:

I love them
that love me;
and those that
seek me early
shall find me.
Proverbs 8:17

The Word
of God

The
Holy Bible

KJV

1,
Stand therefore,
Having Your Loins
Girt About
with Truth

Ephesians 6: 10-18

3, ... Your Feet Shod with the
Preparation of the Gospel of Peace

8, ... Watching thereunto with all
Perseverance & Supplication
for the Saints;

(Drawings: - Open The Light Studies)

Open the Light

There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death. For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh: That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit. For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit. For to be carnally minded is death; but to be spiritually minded is life and peace. Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be. So then they that are in the flesh cannot please God. But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his. And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness. But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you. Therefore, brethren, we are debtors, not to the flesh, to live after the flesh. For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live. For as many as are led by the Spirit of God, they are the sons of God. For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father. The Spirit itself beareth witness with our spirit, that we are the children of God: And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together. For I reckon that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us. [Romans 8:1-18](#)

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, Meekness, temperance: against such there is no law. And they that are Christ's have crucified the flesh with the affections and lusts. If we live in the Spirit, let us also walk in the Spirit. [Galatians 5:22-25](#). We can only obtain this wonderful fruit in Christ Jesus. Because Jesus said in [John 15:5](#), "I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing."

Have quiet time now in Prayer. Ask of God to lead your life. Ask that His love may always dwell in your heart. Let God know of your desire to always walk with Him in His will. Pray also for the Holy Spirit to guide you and fill you with the Fruit of the spirit. Ask that throughout the day that you will always keep on the armour of God, keeping you ready and prepared when the enemy comes. This way, you may always stand by God's side. Remember to pray for others in God's love and then your needs, praying always in Jesus Holy Name.

Now unto the King eternal, immortal, invisible, the only wise God, be honour and glory for ever and ever. Amen. [1Timothy 1:17](#)